

Patient: [REDACTED]

Reference: [REDACTED]

Patient Details

First name: [REDACTED] NHI number: [REDACTED]
Last name: [REDACTED] Date of birth: 10/12/1991
Gender: Female Telephone: [REDACTED]
Address (Permanent): [REDACTED]
ACC45/Claim Number: [REDACTED]

Referral Details

HealthLink Account: [REDACTED] Service Provider: [REDACTED]
Message Date: 12/1/2021 15:15 Date Collected:

Notes

12 Jan 2021

ACC
Attention: [REDACTED]
Purchase Order: [REDACTED]
Claim Number: [REDACTED]
ACC 45: [REDACTED]

re: [REDACTED]
[REDACTED]

[REDACTED]

DOB: [REDACTED]
Phone [REDACTED]

Copies of requested records follow:

11 Nov 2020 [REDACTED]
S -pain hand/fingers/wrist and into shoulder R>L
since 2016 when started full time work-lawyer-works 2-3hrs on computer but can dictate
uses computer but not excessively
needed to take a break from computer work for 2w but doesn't really help
getting worse
throbs at night
dorsum hands burns
L dominant
saw physio 2x and in past 2016-Dx tendonitis
physio thinks pain from core

ACC claim was declined
no back pain

O -upper limbs nil acute-full ROM all joints-no deformity or swelling
gen exam n
bit tearful

A -extensor tendonitis hands

P -advised see Bay Hand Therapy-?splinting
then may need ortho opinion
re Mx opinions and expected outcome and activities

28 Sep 2020 [REDACTED]

2/ RSI in right hand and wrist
up to shoulder
after a days work
sore, achy and weak
resolves over teh weekend
fine today
has had a work place assesement and nil difference made
works as a laywer at a desk all day
o/ nil abn on exam
a/ rsi right wrist/am
p/ for acc and phsyio

ACC45 [REDACTED] - RSI to right arm - lower and upper - from desk work - pain and

20 Jun 2016 External Provider (#EXT)

S. Problems with painful wrists, esp R (mouse hand). Is L handed.
Pain across wrists, base of thumbs. Builds up or worsens the more time spent on the computer. Also some ache in forearms. No weakness, numbness or paraesthesiae.
Symptoms not as bad at present since reduced work hours past week.
SHx office job 8 hrs/day on computer for MSD, Had OT visit late last year, twice to look at workstation. Workplace has recently arranged for Kerry to see physio.
SHx yoga twice per week, no other hobbies or past-times which involve repetitive or forceful use of hands/arms
FHx nil of arthritis
O. Good ROM cx spine, no pain or restriction
Normal power reflexes arms
No epicondylar tenderness
Strength testing of medial, radial and ulnar nn all ok.
Normal wrist ROM, no swelling/synovitis
Positive Finkelsteins on R, neg on L, minor tenderness tendons base of thumb on R
A. Wrist pain - likely de Quervains tenosynovitis on R

P. Submit ACC claim as symptoms related to computer use
For analgesia, nortriptyline nocte. Will be having physio as arranged by employer.
Review 1m

Yours faithfully
[REDACTED]

Next of Kin

NOK name: [REDACTED]

Relationship Identifier: [REDACTED]