Re:

Name:

DoB:

Date:

Dear Dr [INSERT]

You may be aware that your patient, [INSERT NAME] recently sustained a traumatic brain injury (TBI). Following their hospital stay they received inpatient rehabilitation at ABI Rehabilitation. [INSERT NAME] was discharged from ABI Rehabilitation on the [INSERT DATE]. The discharge report is attached / enclosed. Please contact me directly, if you have any queries or would like to discuss the report.

Following a TBI there is a higher probability of experiencing sequelae such as neurological dysfunction, seizures, psychiatric abnormalities, cognitive decline, sleep disturbances, motor disturbances, social engagement problems, addiction and vocational difficulties. Appropriate identification and management increases the chance of resuming pre-injury roles and improves health outcomes. During their time at ABI Rehabilitation [INSERT NAME] has been under the direct care of a brain injury rehabilitation medicine specialist.

On discharge, we advised your patient to make contact with you within two weeks as part of a routine follow-up. Over the next six months, ABI Rehabilitation is also able to provide clinical advice to ACC funded community TBI service suppliers or family members providing support to your patient. If you feel this is helpful (or desirable), please do not hesitate to contact us and we can arrange this. This service is usually provided by a brain injury nurse specialist or allied health professional.

As per international best practice, follow-up with a brain injury specialist, within eight (8) weeks post discharge from inpatient services, is advised. Needs for a rehabilition medicine specialist review may vary depending on the patient, the discharge disposition, and the level of supervision and support. It is highly individulised. If you have any concerns or feel your patient would benefit from follow-up by a brain injury rehabilitation medicine physician at any time, ABI Rehabilitation would be happy to assist. This consultation enables the brain injury rehabilitation medicine physician to make recommendations for further investigations, treatment, or rehabilitation specific to your patient’s TBI. It can be provided in person or by telehealth. You will need to contact [*INSERT NAME*]’s ACC case manager to request this consultation.

To arrange a brain injury rehabilitation medicine physician consultation, please contact [*Insert case managers name*] via email [INSERT E-MAIL ADDRESS] and request a Standard Medical Single Discipline Assessment (CSA1) is referred through to [abireferrals@abi.co.nz](mailto:abireferrals@abi.co.nz). If ABI Rehabilitation receives a referral, a copy of the report will be sent to you for your records. If at a later time you feel the need for further assessment from a brain injury rehabilitation physician the same procedure can be followed.

Should you have any questions please contact us.

Regards

ABI DOCTOR

E-mail